



The Camp Daybreak Agreement

The Camp Daybreak Agreement is a commitment that the entire staff of Camp Daybreak pledges to uphold each year. It is a commitment that, if followed, creates a supportive community in which we can all thrive. As a participant in Camp Daybreak you will be required to commit to the following agreement. These rules apply to EVERYONE at camp. It is a commitment we all take very seriously. Please read and sign the commitment below and return it prior to the start of the camp session. You will be asked to recommit to this Agreement during orientation at camp.

Drugs and Alcohol

The commitment to abstain from the use of drugs and alcohol is a requirement of all participants of Camp Daybreak. Firstly the consumption of alcohol when under the age of 21 and the use of drugs is against the law. Additionally, many of the children we serve come from homes where drugs and alcohol are prevalent and their use contributes to the child's emotional challenges. Camp Daybreak is a chance to be free from the daily struggles they face.

Use of drugs or alcohol during the Camp Daybreak session will result in immediate dismissal and will exclude you from future participation in programming or events.

Exclusive Relationships

In order to build a camp community that is inclusive and creates a supportive experience, we ask that all participants abstain from becoming involved in relationships that are exclusive. Camp Daybreak defines "exclusive relationships" as any relationship(s) that limits the possibility for social interaction. This can include but is not limited to:

- Spending time exclusively with people from your school or hometown.
- Overuse of your phone/internet.
- Pursuing romantic relationships
- Relying solely on old friendships.
- Pursuing relationships only within your role. (i.e. counselors only hang out with counselors and big siblings only hang out with big siblings).

Exclusive relationships also includes sexual activity at camp. Not only is this the ultimate act of exclusivity with another person, but it is again an area in which many of our campers have experienced trauma. Therefore **sexual activity at camp is prohibited.**

It is human nature to be drawn to specific people, but we ask that while you are at Camp Daybreak you make yourself available to everyone around you. To truly develop a camp community that is supportive it is important that everyone feel included and that everyone be approachable. You are sharing a transformative experience with like-minded peers. Be open to the experience and new relationships.

Commitment

I _____ will faithfully commit to abstaining from the use of all drugs and the intake of alcohol during
Print Name
the week that I participate in Camp Daybreak as well as make an effort to abide by the above guidelines regarding exclusivity. I commit to creating a safe, supportive, and fun experience for the campers of Camp Daybreak and my fellow volunteers and staff.

Signature of parent or guardian or adult staffer _____

Printed Name _____ Date _____